IMPORTANT NOTICE FROM THE UNIVERSITY OF ALABAMA ABOUT YOUR PRESCRIPTION DRUG COVERAGE AND MEDICARE

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

This notice has information about your current prescription drug coverage with The University of Alabama and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. The University of Alabama has determined that the prescription drug coverage offered by The University of Alabama Group Health Care Plan is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

ALL COMPLETE NOTICES, **INCLUDING FAQS, ARE AVAILABLE TO REVIEW ON** THE HR WEBSITE. SCAN THE QR CODE FOR DETAILS.





ANNUAL NOTICES

THE UNIVERSITY OF **ALABAMA®**

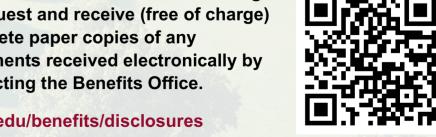


The University is required by law to provide you with certain notices each year to inform you of your rights and responsibilities with respect to the University's group health plans. Please carefully review all information contained in each notice and share it with your eligible, covered dependents.

A complete copy of each notice is available on the HR website. Scan the QR code for additional information

about these notices. You have the right to request and receive (free of charge) complete paper copies of any documents received electronically by contacting the Benefits Office.

hr.ua.edu/benefits/disclosures



NONPROFIT ORG US POSTAGE PAID

PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit www.healthcare.gov.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available. If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial 1-877-KIDS NOW or www.insurekidsnow.gov to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

To view the full notice with a state-specific list of programs and contact information, scan the QR code below or visit the HR website. The online notice listing eligible states is current as of July 31, 2023. Contact your State for more information on eligibility. To see if any other states have added a premium assistance program since July 31, or for more information on special enrollment rights, contact:

U.S. Department of Labor

Employee Benefits Security Administration www.dol.gov/agencies/ebsa 1-866-444-EBSA (3272)

U.S. Dept. of Health and Human Services Centers for Medicare & Medicaid Services www.cms.hhs.gov 1-877-267-2323, Menu Option 4, Ext. 61565





WOMEN'S HEALTH & CANCER RIGHTS ACT

Did you know that your plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all stages of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy (including lymphedema)? Call your Plan Administrator, BlueCross & BlueShield at (800) 292-8868 for more info.

NOTICE OF PRIVACY PRACTICES FOR UA GROUP HEALTH PLANS AND FLEXIBLE SPENDING ACCOUNTS

Federal HIPAA regulations require health plans to make available to enrollees information about the availability of their group health plans' Notice of Privacy Practices (or Notice of Health Information Practices). These privacy notices describe how medical (including pharmacy and wellness) information about you may be used and disclosed and explains certain rights you have (e.g., to request restrictions and confidential communications; to inspect and copy your information; to amend incorrect or incomplete information; to receive a list of disclosures made for certain purposes; to be notified in the event of a breach of your personally identifiable information; and to receive a paper copy of the privacy notice).

The Notice of Privacy Practices for the University's Group Health Plans administered by Blue Cross and Blue Shield of Alabama and the University's Flexible Spending Account administered by PayFlex and Millennium Trust Company are posted on the Benefits website linked below. In addition, the privacy notices are available to new enrollees and any eligible employee making changes to benefits through a popup box with the notice attached at the UA-Benefitfocus website, which links from the UA Benefits website: http://hr.ua.edu/benefits.

In addition, you may obtain a printed copy of the Notices of Health Information Practices for the group health plans by accessing them at the above website or contacting the UA Human Resources Privacy Officer and requesting a paper copy of the notice for either or both of these HIPAA-covered health plans. The UA Human Resources Privacy Officer can be contacted by calling 205-348-7733, or by faxing a request to 205-348-8755, or by emailing a request to hrprivacyofficer@ua.edu, or by mailing your request to HR Privacy Officer, Box 870174, The University of Alabama, Tuscaloosa, AL 35487-0174.

NOTICE OF INTERNET AVAILABILITY

This brochure contains a summary of required annual notices. Complete notices are available to review on the HR website. Scan a QR code for more information. You also have the right to request and receive (free of charge) paper copies of any documents received electronically by contacting the Benefits Office at (205) 348-7732 or email hr@ua.edu.

NOTICE OF NON-DISCRIMINATION

The University of Alabama Group Health Plans (UA Health Plans) comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. UA Health Plans do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

If you need the following services provided by The University of Alabama Group Health Plan, contact Marques Evans, Director of Equal Opportunity Programs. The University will:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provide free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you believe that The University of Alabama-Group Health Plan(s) have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Marques Evans, Director of Equal Opportunity Programs, 2418 Capital Hall, Box 870259, Tuscaloosa, AL, 35487, 205-348-5855, marques.b.evans@ua.edu. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Marques Evans is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Dept. of Health & Human Services

200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

