**How to set up myBama**

1. Go to [http://mybama.ua.edu](http://mybama.ua.edu).
2. Click “New myBama users- create password.”
3. Enter your last name and your CWID.
4. Agree to The University of Alabama’s terms of use.
5. Choose either your phone number or email account for the system to email you a confirmation code.  
   *NOTE: Please ignore the other options for confirmation.*
6. After confirming your identity, enter and confirm your new password.
7. Once your password has changed, wait a few moments for the password to sync, then log into your account with your new password.

**How to set up Duo**

1. Go to [http://mybama.ua.edu](http://mybama.ua.edu).
2. Click on “Start setup.”
3. Select your device type and click “Continue.”
4. If you select mobile device, which is recommended, insert your phone number and check that it is the correct number and click “Continue.”
5. Select the type of mobile device.
6. Visit the app store on your mobile device. Search for and download the Duo Mobile app.
7. Once you’ve installed the app on your smartphone, open the app and activate it by following on the screen prompts. Click “Add Account.” Hold up your phone to your computer screen to scan the QR code. If you are not at a computer, you can click the link to have the activation link emailed to you.
8. You’ll receive a success message. Ensure that the “When I log in” filed is set to “Ask me to choose an authentication method.” Then click “Continue” to login.

**Questions?**

Visit [https://oit.ua.edu/article/how-to-change-your-mybama-password/](https://oit.ua.edu/article/how-to-change-your-mybama-password/) for video tutorials and additional information.

Contact the IT Service Desk at (205) 348-5555 or itsd@ua.edu.